

Fully Alive

WEEK 3: DEAD MEANS DEAD

Ephesians 2:1–5 • TRANSFORMATION — Live Differently

CORE PHRASE: Fully Alive isn't self-improvement.
It's the new life Jesus gives us— and then teaches us to live.

OPEN IT – Connect with Each Other

1. When you hear the word transformation, what comes to mind? What is something that has genuinely changed in your life over time?

EXPLORE IT – Explore God's Word Together

Read Ephesians 2:1–5 aloud. Listen for what Paul says about our condition, what God is like, and what God does.

2. Paul says we were 'dead' in sin and then says, 'we all' lived there. What does that language tell you about our need—and about the ground being level for every person?
3. Now look at verses 4–5. What do the words 'But God' change? What do you learn about God from His love, mercy, and decision to make us alive with Christ?

Optional: Read Titus 3:4–5. What does this add to the picture of grace?

KNOW IT – Bring the Truth into Your Life

4. Have you ever thought about Christianity primarily as becoming a 'better person'? What changes when salvation is described as moving from death to life?
5. If you follow Jesus, where can you look back and honestly say, 'Jesus has changed me there'? If you're still exploring faith, what about this picture of grace draws you in—or raises questions for you?
6. Where do you sense Jesus is still inviting you to live differently—not to earn His love, but because He has given you new life?

PRACTICE IT – Live the New Life This Week

Name one area where you want Jesus to keep transforming you. Share it with someone you trust and ask them to pray for you and encourage you this week.

PRAY IT – Depend on God Together

Thank God for His great love and mercy. Pray for the places where you want His grace to keep changing you. If you are ready to trust Jesus for the first time, you can tell Him honestly that you need Him and receive the new life He gives.

Prayer: Jesus, thank You that we do not have to rescue or remake ourselves. Because of Your great love and mercy, You make us alive. Help us receive Your grace and live out the new life You have given us. Amen.