

Arizona Short-term Trip Travel Tips and Packing List

Fast Facts

Currency: USD

Electrical: Electricity is available but may be spotty.

Languages Spoken: The Dine people speak Dine and English.

Time Zone: Mountain Standard Time

Weather/Climate: The average temperature in Black Mesa in the summer is hot at 81.68 °F. Afternoons can be very, very hot with average high temperatures reaching 91 °F.

- But be prepared for a variety of conditions. Layering is suggested in case it is warmer or cooler than expected.

Lodging: Our team will be staying on the sanctuary floor in House of Joy church.

Meals: All meals are included in the cost of your trip.

Water: House of Joy has no running water so water is brought in via 500-gallon tanks. We will also provide bottled water for worksites.

Spending Money: Your basic expenses will be covered; however, you may want personal cash for snacks, souvenirs, or love offerings. \$20 to \$50 is recommended.

Currency Exchange: Not applicable to this trip.

Shopping: There will be an opportunity to shop for souvenirs.

What to Wear

It is important to remain sensitive to others by dressing in a conservative manner. Please keep this in mind when choosing what to wear. We appreciate your intentionality with this.

- **Air Travel:** Dress casually and comfortably. No leggings or clothing with rips or holes.
- **Community / Work Projects:** Dress casually and comfortably, such as light-weight pants, long shorts, capris and t-shirts. Bring an extra outfit to change into after you have cleaned up at the end of the day.

Packing

- Keep your ID with you, not in checked luggage.
- Carry-ons: One suitcase that fits in an overhead compartment, and one personal item that fits under seat in front of you.
 - Be sure to follow airlines size and weight guidelines.
 - It is also recommended to have a change of clothes in your carry-on in case your luggage is delayed.
- Reminder: You can only take small bottles (max 3oz. size) of liquids in your carry-on bags. Please put these in one clear Ziploc bag not to exceed the 1-quart size.
- Checked Bags: You may need to bring 1 medium suitcase.
 - Be sure to follow airlines size and weight guidelines.
 - 1 suitcase will carry half of your belongings and half team supplies.
- Be sure to include identification on and inside each piece of luggage.
- Be sure to weigh and measure your bags before travel day.

Other Travel Tips

- Watch your luggage and belongings at all times. Pickpockets and petty thefts are common within airports and tourist areas.
- Leave your valuables at home. Do not bring anything that you cannot afford to lose.

Travel Items

- ID
- Backpack, passport pack
- \$20-\$50 (personal spending)
- Credit card
- Flight schedule, emergency contacts
- Travel toilet paper, Kleenex
- Plane neck pillow
- Personal snacks, gum

Linens

- Bath towel, wash cloth
- Bag for laundry
- Bedding
- Pillow

Clothing

Women:

- 2-3 pants, capris, long shorts
- Tees, sleeve less shirts (1/day)
- Extras to change into at end of day
- Nicer shirt/blouse and pants (church)

Men:

- 2-3 pants, long shorts
- Tees, shirts (1/day)
- Extras to change into at end of day
- Long pants, collared shirt (church)

All:

- Long pants
- Long sleeve shirt
- Light jacket, sweater, hoodie
- Sleepwear
- Underwear, socks
- Flip flops, shower shoes
- Hat
- Work gloves
- Safety glasses
- Outfit for plane home

Other Items

- Toiletries: soap, shampoo, shaving, femi prods, etc.
- Glasses, contacts, solution, strap for glasses
- Sleep aids: meds, earplugs, mask, etc.
- Personal meds/prescriptions (pack in carry on)
- Cipro – Rx
- Motion Sickness meds/patches
- Hand Sanitizer, Wipes
- Sunscreen, Sunglasses, Chapstick
- Bug repellent, repel wipes (containing DEET)
- Reusable water bottle
- Headlamp, flashlight, batteries
- Rain Gear: jacket, umbrella, poncho (don't forget to pack in carry on)
- Bible
- Notebook, notepad, journal
- Devotion for day scheduled
- Pens, pencils
- Life token
- Playing cards, games
- Headphones
- Camera, Batteries
- Phone, charger, cord, portable charger
- Family photos
- Ministry supplies as designated by team