

Growing

"Seeking"

Week 2 – October 9, 2022

Scripture: Jeremiah 29:13-14; Psalm 63:1; John 15:4-5

Grab your Bible and a few people to connect with. Look up the verses below and share your thoughts. It's that easy!

Share: Think about a time in your life when you grew rapidly, either physically or emotionally. Maybe it was an emotional jump transitioning into high school, or that summer you grew two inches in height. Share your "growing" memory with the group.

Read the scripture noted above together: Take turns reading if you prefer. Enjoy the different Bible translations we each read.

Watch the video posted here together: www.kensingtonchurch.org/growing Each week has a short video about the weekends message.

Discuss the following context:

Relationships require pursuit. This is the foundation for all that follows- knowing, loving, and obeying him. Seeking is the only one of this process that we have the ability to choose to do. What does a life of seeking God look like? We can equate it to how it works in human relationships. Without seeking God he will remain unknown, unloved, and our submission out of duty at best.



Share your thoughts about the following questions:

1. When we seek God, we discover that God is the first and ultimate seeker. But for the relationship to grow, we need to show up. Discuss what the following Scriptures say about seeking God:
 - a. **Jeremiah 29:13-14** – Wholeheartedly
 - b. **Psalm 63:1** – Earnestly
2. God invites us to enter into a life where seeking Him is a priority. **Read John 15:4-5.** Abiding, or remaining in the Father, is seeking. The more time we spend with him, the more we will know him. What practical ways can you abide? What do you need to let go of in order to make abiding a priority in your life? What fears do you have about pursuing a relationship with Jesus?
3. God gives us tools to seek him. Spiritual practices create opportunities for him to reveal himself to us. Discuss the following practices and how they could allow you to wholeheartedly and earnestly seek God. Pick one of these practices to focus on this week.
 - a. Read your Bible. Picture Jesus sitting next to you and allow it to become a conversation.
 - b. Pray and spend time in silence. If you do all the talking, you will be less likely to hear what God might want to say.
 - c. Journal about being with Jesus. Write what you are learning, thinking, worried about, or confused about.
 - d. Listen to worship music. Allow your heart to feel the wonder and beauty of God.

Pray together: Ask each other to share what is on your heart today. Thank God he invites us into a life of seeking him. Ask him to reveal himself to us. Ask him to open the eyes of our hearts. Praise God for he is inviting us and he is waiting for us.