

# Color of Your Dishes

## Week 1 | Follow Me

### ■ BOTTOM LINE

You will follow the voice you value the most.

### ■ GOAL OF THE GROUP

This 3-week series is on Discipleship and Community. The title comes from a saying, “your students should know the color of your dishes.” We will get back to the heart of true discipleship and look at what it means to share your full life with Jesus and others. True discipleship isn’t just plugging people into a program; rather, it’s inviting people into your life, home, and mess. Let’s talk about how Jesus modeled this.

### ■ SCRIPTURE

Matthew 4:18-20 and Matthew 11:28-30

## DISCUSSION QUESTIONS

1. **Share:** What are you learning about that is intriguing you? Is there a recent podcast, author, or YouTube video that inspires you?
2. When you hear the word *disciple*, what do you think it means?
3. A definition of a disciple of Jesus is a follower of Jesus, his model, his teachings, and his direction. Some of the ways we do that are through reading the bible, prayer, and community. Discuss these statements and compare with your thoughts about question 2.
4. **Read and Discuss Matthew 4:18-20 (The Message version):** *“Walking along the beach of Lake Galilee, Jesus saw two brothers: Simon (later called Peter) and Andrew. They were fishing, throwing their nets into the lake. It was their regular work. Jesus said to them, “Come with me. I’ll make a new kind of fisherman out of you. I’ll show you how to catch men and women instead of perch and bass.” They didn’t ask questions, but simply dropped their nets and followed.”*
  - a. When Jesus invites the two brothers to “come with me” and points them to the purpose of their life, how much more freeing, impactful and purposeful do you think this life would be?
  - b. Why would people choose to follow Jesus instead of continuing their life the way it was?
  - c. How does this impact the way you think Jesus is inviting you to follow Him differently?
5. **Read & Discuss Matthew 11:28-30 (The Message version):** *“Are you tired? Worn out? Burned out on religion? Come to me. Get away with me and you’ll recover your life. I’ll show you how to take a real rest. Walk with me and work with me—watch how I do it. Learn the unforced rhythms of grace. I won’t lay anything heavy or ill-fitting on you. Keep company with me and you’ll learn to live freely and lightly.”*
  - a. When Jesus talks about unforced rhythms of grace, what does that stir in your heart? What do you think He meant?
  - b. Why do you think Jesus compares the burdens of doing life our way as heavy compared to His way as free and light?
  - c. What holds you back from thinking that God’s way of learning and growing is free and light?
6. Discuss this statement: “You will follow the voice you value the most.”
  - a. How could the voice of Jesus, as you read about what He said to his disciples, bring value in this next season of your life?
  - b. In what areas of my faith journey could I walk alongside someone else and share what I have learned thus far?
  - c. In what areas of my faith journey do I need someone to walk alongside me?

“Learn the unforced rhythms of grace. I won’t lay anything heavy or ill-fitting on you. Keep company with me and you’ll learn to live freely and lightly.”

- Jesus



## TRY THIS

*Invite someone over for dinner (or to a coffee shop if you don’t have time to clean up.) Make yourself available. Start a conversation about faith by sharing your own story.*